

# Care for the Carers

A humanitarian worker is a person who is or has been engaged in activities that promote human dignity, alleviate suffering and promote human welfare for humanity as a whole. We acknowledge humanitarian work in its broadest sense.

## CoCreate Humanity

To 'cocreate humanity' means that we all work together to manifest the universal sense and values of humanity, with everyone contributing in their own unique ways, to their own potentials. What we aim to achieve as humanitarians in the world, congruently, we will also apply in the way how we act among ourselves, in a consistent set of practices that invite us to reclaim our inner wholeness and bring all of who we are to work.

## Culture of Care

A culture of care is present in an organisational context when it provides timely and effective caring response mechanisms, supporting workers - helping them understand, cope with, heal and recover from the individual and collective impact of the violence that they and/or their colleagues are exposed to in the environments in which their organisation is active. A culture of care is also present when colleagues who lost their lives while carrying out their humanitarian mission are duly honoured and remembered, individually and over time.

## Our Purpose

We are a community of humanitarian peers that is providing and promoting integral, psychosocial and holistic solutions for healthy, inspired and effective humanitarian workers worldwide.

We commemorate and honor those who have lost their lives while carrying out humanitarian missions and bear testimony to their achievements. We reach out to and offer our support to the families and friends of those humanitarian workers who have perished following their humanitarian work.



CoCreate Humanity  
Rue de Monthoux 64  
1201 Geneva  
Switzerland

info@cocreatehumanity.org  
www.cocreatehumanity.org

CoCreate Humanity (CCH) is a non-profit association set up in Geneva, Switzerland, according to Art. 60 et seq of the Swiss Civil Code. It is politically neutral and non-denominational.

(11.2019)



# CoCreate Humanity



[www.cocreatehumanity.org](http://www.cocreatehumanity.org)

# As a Humanitarian

Have you suffered from:

- **Trauma (seen and experienced the unspeakable)?**
- **Burnout (lost your energy and compassion)?**
- **Stress (too much work, not enough time, no understanding from your managers)?**

Do you have something to give back to your fellow humanitarians - before, during or after their deployments?

Join our peer support community, help CoCreate Humanity to establish an integrated support network for colleagues - continue on your own healing journey towards recovery and regaining control of your own life.



The Creators of CoCreate Humanity

CoCreate Humanity aims to support humanitarian workers individually and collectively to advocate for and co-creatively influence the organizational culture of how we in the sector deal with the impact of trauma, burnout and stress.

We aim to support organizations and to work in partnership with them to implement appropriate approaches and a culture that is reflected at all levels, in organizational strategies, policies, procedures and operations.

## Organizations

### The Humanitarian Employer



#### Why is caring for staff important for employers?

- The cost of support systems is dwarfed by the benefit of what a healthy staff can achieve
- Support systems are like an insurance, the loss is people, assets, reputation, efficiency ...
- For helping agencies there is an ethical imperative - it is the right thing to do



## How can we support each other?

Become an Associate Member of the association for CHF 120 per year and enjoy the related benefits.

[www.cocreatehumanity.org/membership](http://www.cocreatehumanity.org/membership)

**Make a one-off donation**, by transfer to our bank account, or directly using your smartphone by scanning this code (it takes you to our website with a secure payment facility).



Bank Account: PostFinance Ltd, Bern, Switzerland

Beneficiary: CoCreate Humanity, Genève

IBAN: CH29 0900 0000 1525 2475 2

PostFinance's BIC (SWIFT code): POFICHBEXX